



The Workforce Connection holds free workshops that are open to the community. No registration is required! If you have questions or need accommodations, please call 815-847-7574. 303 N. Main St Rockford, IL 61101

June

2017

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
			1 Resume Basics 1:30-3 (Rm 220) Illinois Joblink 2-3 (Rm 330) TWC Info Session 2-4pm (Rm 103-104)	2 Basic Computer Skills 1-3 (Rm 330)
5 Networking your Way to a Career: 10-11:30 (Rm 328) Angelic Organics: Roots & Wings: 1-2 (Rm 330) TED Talk Hour: 3-4 (Rm 330)	6 Resume Building 9-11 (Rm 328) Managing Finances 1-2pm (Rm 330) TWC Info Session 2-4pm (Rm 103-104)	7 TWC Info Session 10-12pm (Rm 103-104) Job Club/Judson University 1-3 (Rm 305) Improving your Health 1:30-2:30 (Rm 328)	8 What can we do for you: Prairie Legal Service: 10-11 (Rm 328) Self-Employment as a Career Option 1-3 (Rm 328) Staying Motivated in Your Job Search 2-3:30 (Rm 330) TWC Info Session 2-4pm (Rm 103-104)	9 Homestart: Illinois Hardest Hit Program: Mortgage Assistance 11-12 (Rm 328) Basic Computer Skills 1-3 (Rm 330)
12 Success After Prison 1-2 (Rm 328) Time Management: 3-4 (Rm 328)	13 Persevering through the Pain: Moving Forward 10-11:30 (Rm 103/104) Adjusting Daily Spending 1-2pm (Rm 330) Value of Volunteering 1-2 (Rm 328) TWC Info Session 2-4pm (Rm 103-104)	14 Interested in becoming a CNC Machinist 10-11 (Rm 328) TWC Info Session 10-12pm (Rm 103-104) Job Corps Information Session 12:30-2 (Rm 220) Job Club/Networking and Marketing Yourself 1-3 (Rm 305)	15 YWCA-Learn about Childcare Assistance 11:00-12:00 (Rm 328) Resume Basics 1:30-3 (Rm 220) Illinois Joblink 2-3 (Rm 330) TWC Info Session 2-4pm (Rm 103-104)	16 Featured Employer Friday 9-12 (Rms. 328 & 330) No Computer Class
19 Generational Differences in the Workplace 10-11:30 (Rm 328) Managing Millennials 2-3:30 (Rm 103/104)	20 Resume Building 9-11 (Rm 328) Understanding Credit 1-2 (Rm 330) Networking at a Hiring Event 2-3 (Rm 101) TWC Info Session 2-4pm (Rm 103-104)	21 Thinking about Getting your GED? 10-11am (Rm 328) TWC Info Session 10-12pm (Rm 103-104) Hiring Event 1-4 (RMAP) No Job Club	22 TWC Info Session 2-4pm (Rm 103-104)	23 Basic Computer Skills 1-3 (Rm 330)
26 Getting the Job: Set Yourself Apart 10-11:30 (Rm 328) TED Talk Hour: 3-4 (Rm 330)	27 Interviewing 9-11 (Rm 328) Developing a Savings Plan 1-2 (Rm 328) How to Set Goals and Achieve 2-3:30 (Rm 330) TWC Info Session 2-4pm (Rm 103-104)	28 TWC Info Session 10-12pm (Rm 103-104) Job Corps Information Session 12:30-2 (Rm 220) Job Club 1-3 (Rm 305)	29 Career Exploration 10-11 (Rm 328) Resume Basics 1:30-3 (Rm 220) Illinois Joblink 2-3 (Rm 330) TWC Info Session 2-4pm (Rm 103-104)	30 Senior Community Service Employment Program Info Session 10-11 (Rm 328) Basic Computer Skills 1-3 (Rm 330)



June 2017 FREE WORKSHOPS

June 1st - **Resume Basics**: This workshop will discuss resume do's and don'ts and discuss tips and tricks of what should be included on a resume and what should be left off a resume. You will not work on computers in this class however feel free to bring a paper copy of your current resume and get it reviewed.

June 1st - **Illinois JobLink**: This workshop will show participants how to utilize Illinois JobLink in their job search which is a requirement of those collecting unemployment.

June 1st, 6th, 7th, 8th, 13th, 14th, 15th, 20th, 21st, 22nd, 27th, 28th, 29th - **The Workforce Connection Information Session**: The Workforce Connection has several free programs available to assist job seekers in their job search and potentially pay for training. Come to any of the Info sessions and learn what services are available to you!

June 2nd, 9th, 23rd, & 30th - **Basic Computer Skills**: This workshop will provide an introduction to personal computers; including the use of the mouse and keyboard. Other topics covered include instruction on working with windows, saving files, creating folders on your desktop and basic computer terminology.

June 5th - **Networking Your Way to a Career**: Leslie Larry, Human Resource Professional will be presenting this workshop on how one can network their way into their next career. It will cover how to present oneself at hiring events and interviews as well as discuss elevator speeches and the importance of making a great first impression.

June 5th - **Angelic Organics: Roots & Wings**: Invest in your health and a growing Rockford community business. Angelic Organics will be here presenting information on their Roots and Wings program which provides dazzling produce for you and your families.

June 5th & 26th - **TED Talk: Hour of Change**: TED Talks are becoming more and more popular for inspiring motivation and change in today's busy world. In these workshops we will choose a powerful TED Talk to watch and then we will discuss it as a group. Come with an open mind and plan to be inspired and to grow as a person!

June 6th - **Managing Finances**: Homestart will be here to present a workshop on how to turn your financial dreams into a goal and how to achieve that goal. You will learn techniques to commit, plan, and succeed at financial goal setting

June 6th, & 20th - **Resume Building**: This workshop will show participant's how to develop a targeted resume that will best market skills, accomplishments & positive attributes. Students will learn about Applicant Tracking System software and how to develop a resume to beat the system!

June 7th, 14th, & 28th: **Job Club**: Come and get the latest job leads as well as information on upcoming recruitments and job fairs. Some job clubs will have guest speakers or employers there recruiting so always come dressed for success. Learn job search tips and tricks. Get help filling out applications and discussing the latest employment trends in the area.

June 7th - **Improving Your Health** - Deborah Fruechtenicht, wellness coach will be giving an overview of eating well and other tips for improving your overall health. Attendees will be given a chance to think about their eating habits and make positive changes.

June 8th - **What Can We Do For You: Prairie Legal Services**: Prairie State Legal Services is an organization that offers free legal services for low income persons and those age 60 and over who have serious civil legal problems and need legal help to solve them. They will be offering a workshop on what services they provide and answer questions that you may have.

June 8th - **Self-Employment as a Career Option**: Stephen Konkle from the Small Business Administration will be here presenting information of their programs and services. Please dress professionally and arrive 10 minutes early.

June 8th – **Staying Motivated in Your Job Search**: Penelope Bruce, HR professional, will be giving this motivational workshop on how to stay motivated in your job search. She knows first-hand the struggles and challenges associated with looking for employment and remaining positive in your search. She will be presenting tips and tricks to stay motivated and positive while searching for that next employment opportunity.

June 9th - **Homestart: Illinois Hardest Hit Program: Mortgage Assistance**: Homestart will be here to present information on The HHF program which provides mortgage assistance to homeowners who have experienced at least a 15% income reduction due to a qualifying hardship event and who meet the eligibility criteria. The assistance allows eligible households to avoid foreclosure while they work to regain employment and financial stability

June 12th - **Success after Prison** – Tretara Flowers will be here to present her powerful story of becoming successful in an amazing career and not giving up after spending 6 years in prison. Her story is an awesome reminder of the power of never giving up and of resilience.

June 12th – **Time Management**: “Do you love life? Then do not squander time, for that's the stuff that life is made of.”- Benjamin Franklin. This workshop will give you helpful tips and hints to assist you in better managing your time.

June 13th – **Persevering through the Pain: Moving Forward**: Terese Craig, Director –Resource Development & Community Relations at Blackhawk Technical College will be here to present this powerful and thought-provoking workshop on moving forward despite your personal struggles. Terese will share her heartbreaking story of losing a close loved-one to suicide and how she persevered despite such a personal pain.

June 13th – **Adjusting Daily Spending**: Homestart will present information on how to break a habit and change your spending. Learn to empower yourself to make good daily habits and choices.

June 13th – **Value of Volunteering**: Kim Haley presents a powerful presentation on the importance of volunteering in the community to not only help others but to help yourself in gaining new skills, networking, and building self-esteem and confidence.

June 13th - **Interested in Becoming a CNC Machinist?**- Techworks will be here to present a workshop on what is involved in getting into the field of CNC machining.

June 14th & 28th - **Job Corps Information Session**: Job Corps is the largest residential education and training program in the US for disadvantaged youth between the ages of 16 and 24. Bonnie Mabie from Job Corps will present information on Job Corps and the services that are available through this amazing program.

June 15th - **YWCA-Learn about Childcare Assistance?** - The YWCA will be here to present information on how to apply for childcare assistance and answer questions. They will also discuss the program that they offer to those who are interested in starting their own home daycare.

June 16th - **Featured Employer Friday**: The Workforce Connection will have 2-3 employers on-site who will be recruiting employees and giving information on their company. Come dressed for success and bring copies of your resume. Be prepared to interview on the spot! Watch for the Featured Employer Flyer to learn which employers will be recruiting at this event monthly!

June 19th - **Generational Differences in the Workplace**: It is no secret that today's workforce is a diverse one. This workshop will discuss generational differences and how to respect and understand those differences.

June 19th - **Managing Millennials**: Terese Craig, Director -Resource Development & Community Relations at Blackhawk Technical College has experience hiring, training and working with millennials. In addition, she has two adult children in their early to mid-twenties. She will present information on this important topic of managing millennials in the workplace!

June 20th - **Understanding Credit**: Homestart will discuss establishing and maintaining good credit as well as understanding your credit score and how to restore your credit.

June 20th - **Networking at a Hiring Event**: This workshop will teach you how to successfully navigate a job fair/hiring event. Learn how to approach employer tables and learn how to market oneself. This workshop will teach you the dos and don'ts of attending a job fair.

June 21st - **Thinking about Getting your GED?:** Roosevelt Community Education will be here presenting information about their GED program and discuss how to go about taking the important steps of bettering your future!

June 21st – **Hiring Event**: The Workforce Connection will be holding a hiring event in the RMAP building (315 N. Main St) from 1pm-4pm. Come dressed for success and bring copies of your resume.

June 26th – **Getting the Job: Set Yourself Apart**: Alicia Stokes, Senior Staffing Specialist at Manpower will be here presenting a workshop on how to set oneself apart from other candidates in an interview. She will talk about the power of positivity and not giving up as well as tips and tricks to aid you in standing out against other job –seekers.

June 27th – **Interviewing**: This workshop presents methods and approaches to help participants discover how to successfully present themselves in an interview. Topics include: phone interviews, face-to-face interviews, and panel interviews.

June 27th – **Developing a Savings Plan**: Homestart will assist you in reviewing your spending plan and gain an attitude about saving!

June 27th – **How to Set Goals and Achieve**: Eric Black, Human Resources Recruiter at Servicom will present this motivational and powerful workshop on the importance of having goals and mapping out your plan to reach them.

June 29th – **Career Exploration**: Do you know what you want to be when you grow up? Come learn about the different assessments that are available and what careers would be a good fit for you based on your interests, skills, and work values.

June 30th – **Senior Community Service Employment Program Information Session**: National Able will be here presenting information on their SCESP program. The Senior Community Service Employment Program is a paid employment-training program that helps mature workers transition into meaningful employment.

Programs and services are funded by the Northern Illinois Workforce Alliance, IL Department of Commerce & Economic Opportunity, and the U.S. Department of Labor. Equal opportunity employer/ program. Auxiliary aids and services are available upon request to individuals with disabilities. Contact the Equal Opportunity Officer at (815) 395-6688 or TTY (815-966-2436)

This program is subject to the provisions of the "Jobs For Veteran's Act" Public Law 107-288, which provides priority of service to veterans and spouses of certain veterans